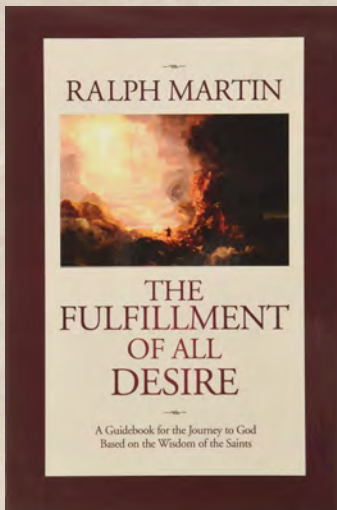




St. Francis of Assisi's **CATHOLIC SPIRITUALITY** *Study Group*

DISCOVER THE PATH TO UNION WITH GOD WITH THE WISDOM OF THE SAINTS!

Join us for a 7-session course exploring Ralph Martin's
***The Fulfillment of All Desire: A Guidebook for the Journey to
God Based on the Wisdom of the Saints***



This inspiring book draws on seven Doctors of the Church—**St. Augustine, St. Bernard of Clairvaux, St. Francis de Sales, St. John of the Cross, St. Teresa of Avila, St. Thérèse of Lisieux, and St. Catherine of Siena**—to guide you through the purgative, illuminative, and unitive stages of the spiritual journey. Learn practical tools for prayer, overcoming sin, and growing closer to God in daily life. **No registration or preparation required—just come as you are, to any or all of the sessions!**

Purchase of the book is optional; handouts will be provided.



**EVERY 2-WEEKS
ON WEDNESDAY**



10:30 AM*



PARISH HALL

Why Join?

- Grow in faith with the wisdom of the saints
- Build community through discussion and prayer
- Apply practical spiritual practices to your life

Cost? Free, Open to all adults

**See the complete class
schedule on the reverse
side of this page.**

*The sessions will be around 1-hour, allowing participants to attend the 12:00 PM Mass, if desired.



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COURSE SCHEDULE:

August 13, 2025: *Called to Holiness, Overview, and First Conversion* – Discover the universal call to holiness and the start of the spiritual journey. (Optional reading: pp. 1–46)

August 27, 2025: *The Perspective of the Saints and Transformation* – Explore the saints' biblical perspective, and the transformation of thought, desire, and action. (Optional reading: pp. 47–99)

September 10, 2025: *Sin, Prayer, and Temptations* – Learn to battle sin and persevere in prayer. (Optional reading: pp. 100–178)

September 24, 2025: *Stability & Freedom* – Achieve stability in faith and freedom from attachments. (Optional reading: pp. 179–249) *Note: next class is three weeks away due to Father Jacob's attendance at the diocesan priest retreat.

October 15, 2025: *Love, Prayer, & Heavenly Help* – Grow in charity, contemplative prayer, and seek Mary's aid. (Optional reading: pp. 251–336)

October 29, 2025: *Purification & Union* – Experience deeper purification and union with God. (Optional reading: pp. 337–384)

November 12, 2025: *Fruits of Union & Encouragement* – Reflect on spiritual fruits and plan for growth. (Optional reading: pp. 385–443)

No prior knowledge or reading required! Handouts will summarize key teachings for all participants. Just bring a willing heart to learn and grow.

For more information, contact the parish office or Fr. Jacob.

Let the saints guide you to the fulfillment of all desire—union with God!